



Since 1976

Sierra Club Palos Verdes – South Bay Group / Angeles Chapter

Nov-Dec 2013

**EXECUTIVE COMMITTEE**

\*voting officer

<u>Group Chair &amp; Chapter Rep</u>	
Hersh Kelley*	310-832-0013
<u>Vice Chair &amp; Political Chair</u>	
Al Sattler*	310-831-0032
<u>Secretary</u>	
Diane Wood*	310-245-8965
<u>Treasurer</u>	
Sandy Graham*	714-282-5661
<u>Conservation Co-Chair &amp; Foggy View Editor</u>	
Eva Cicoria*	310-648-9784
<u>Conservation Co-Chair</u>	
Dave Wiggins*	310-529-2051
<u>Outings &amp; Safety Chair</u>	
Frank Atkin*	310-378-5008
<u>Programs &amp; Social Chair</u>	
Joyce White*	310-383-5247
<u>Membership &amp; Outreach Chair</u>	
Bill Lavoie*	310-378-8723
<u>Special Projects</u>	
John Wessel*	310-377-8047
Shuja Oberoi*	310-567-8512
<u>Website Coordinator</u>	
Terry Bass	310-539-8227
<u>Webmaster</u>	
Michael Moore	310-398-8219
<u>Publicity</u>	
Paul Rosenberger	310-545-3531

**Just One?  
by Diane Wood**

Have you seen the video of a seagull eating a plastic bag? I saw it a couple years ago and it has stayed with me. Watch it, if you haven't yet, at <http://www.youtube.com/watch?v=gF0isy3a1ew>.



I understand that the person who shot the video was lambasted repeatedly with, "Why didn't you stop the bird from eating the bag?!" Do we really think this is the only seagull who ever ate a plastic bag? Like, if he had stopped this one, it wouldn't have happened again?

Showing the video gives us a lens into what we cause (which might also be part of the reason people are displeased). That plastic bag could be ours, if we use plastic bags. Putting them in recycling is helpful, but how do you know they don't blow away? So why don't we stop using them? Why not use canvas or cloth bags?

Any canvas or cloth bag can be used; it doesn't have to be sold specially. That book tote; that backpack—they'll work.

If you haven't used a canvas/cloth bag at a store before, the first time is the hardest. I remember going into Cost Plus World Market and abashedly offering my cloth bag instead of taking their bag. The cashier said, "What a great idea!" And this was before the big push to reuse. People are usually cool with it. *(Plastic, Page 2)*

**Cabins in the Woods  
on the Cheap  
by Sandy Graham**

Sierra Club members have three cabins in the local mountains at their disposal. If you are a club member and have not visited your cabin/huts in the local mountains, then you have missed out. There was a time when the PV-SB Group would have an October weekend at Harwood Lodge with square dancing, hiking, eats and drinks. The Group has not done one of these weekends in years but as a club member, you still have a place to go in the local mountains. Just read on and realize your cabin in the sky.

**Harwood Lodge** is located in the San Gabriel Mountains of the Angeles National Forest at the base of Mt Baldy. Built in 1930, it has an overnight capacity of 64, with a living room, dining room, kitchen, men and women dormitories and baths. It is open to Sierra Club members (\$12 per night) and their guests (\$15 per night) on a first come first served basis. See <http://angeles.sierraclub.org/lodges/harwoodlodge.html>.

**Keller Peak Ski Hut** at ArrowBear in the San Bernardino Mountains was built in 1938 by the Ski Mountaineers. *(Cabins, Page 2)*

**You're Invited!**

PV-SB Group Holiday Outing  
*It's a Wonderful Life:  
A Live Radio Play*  
Saturday, December 14  
Read more in Activities, page 5

**PV-SB Group, Sierra Club**  
**PO Box 2464, PVP, CA 90274**  
<http://angeles.sierraclub.org/pvsb>

(**Plastic**, from page 1)

For groceries, be reasonable about which items go in the same bag. Consider having separate bags: one for produce, one for cans and boxed goods, and another for meats. For years, I had a plastic bag that I'd written "meat" on; I reused that for meat, until I basically quit eating meat.

I'm guessing that, once we've made the commitment, the most common excuse is, "I forgot my bag in my car (or at home)." So? Carry your items away by hand. Do that once or twice and I bet you'll remember that bag.

And don't forget, you can use canvas/cloth bags at ANY store: clothing store, home goods, etc.

You can make a difference. Yeah, maybe you are just one out of a million, or a billion, but so is everyONE else. So go ahead, make your difference. Maybe you'll inspire others to make their difference.

---

## Environmentally Sound Policies of Local Cities, Part 2

by Terry Bass

"Explore, Enjoy and Protect the Planet" has been the motto of the Sierra Club. We live in a wonderful area and many of us get out to "explore and enjoy" the South Bay. In the September issue of the *Foggy View*, we put the spotlight on a few local cities doing their part to "protect the planet" via their actions, then found that there are others taking positive steps as well.

Lomita reports that they participate in SBCCOG/SCE Energy Leader Partnership and have achieved Platinum level status (the highest level) for the City's work to reduce energy consumption in City facilities. Recent lighting and HVAC upgrades have resulted in an annual reduction in energy use of 159,281 kwh. The City also recently approved participation in the HERO and Figtree PACE programs which allow property owners to fund energy efficiency improvements on their properties through future property tax assessments. The City adopted a Water Conservation Ordinance in 2009 which includes a retrofit program that requires toilets, faucets and showerheads to be retrofitted to low flow types during the sale of a property. They installed two drought tolerant demonstration gardens which include plant identification signs to provide an example of drought tolerant landscaping to the public. They work with their solid waste hauler to provide battery recycling drop-off at City Hall and free e-waste curbside pick-up for residents. They are also conducting outreach to increase recycling among businesses and multi-family residential properties. In January the City Council adopted a resolution in support of Extended Producer Responsibility which encourages manufacturers to take responsibility for the entire life-cycle of the products they produce. Lomita maintains a website ([www.gogreenlomita.com](http://www.gogreenlomita.com)) which provides information on these and other programs, offers basic information regarding water and energy conservation, and provides links to available rebates for conservation projects.

Lawndale requires 100% composting of all green waste. They retain environmental compliance consulting services to ensure state requirements for waste diversion compliance rates and recycling are being met and strive to do better, including bi-annual audits of their contracted waste hauler and recycling activities. They offer reduced trash rates for choosing smaller waste and larger recycle bins, education and twice-annual community clean-up events. They are a participating city to the Environmental Action Committee LA Permit Group and the TAC for Los Angeles Regional Water Control Board. They report that they have an Environmentally Friendly Purchasing Policy, CNG and hybrid vehicles, and on-site CNG fueling station. They created and hosted a Recycle Rewards Educational Block Party - an educational event that rewards the city block with the highest recycle rate for the previous 12-month period. And they have a newly constructed LEED silver community center.

---

(**Cabins**, from page 1)

It has a capacity of 40. The facilities include two rustic living/dining rooms, two dormitory lofts with sleeping pads, and a fully-equipped kitchen with cookware, dishes, and utensils. The Sierra Club member fee for an overnight stay is \$8; friends pay \$12. For more information, see <http://angeles.sierraclub.org/lodges/kellerpeakskihut.html> . Reservations are required for individual or group use. Contact [kellerskihut1938@yahoo.com](mailto:kellerskihut1938@yahoo.com) .

**San Antonio Ski Hut** at Mt. Baldy, in the San Gabriel Mountains, was built by the Ski Mountaineers in 1937. The hut has a kitchen fully equipped with utensils, dishes and cookware. Water from a spring is piped directly through the kitchen, running 24 hours a day. Heat and cooking are by wood-burning stoves. The two-story hut provides sleeping space for 20 people. Day use is available for a \$1 donation. An overnight stay costs Sierra Club Members \$15; non-members \$20. See <http://angeles.sierraclub.org/lodges/sanantioskihut.html> .

Now I defy you to "own" a cabin in the local mountains for such a small fee. Check them out and enjoy. Then maybe I will tell you about the Sierra Club Lodge at Lake Tahoe.

**Angeles Chapter Office Volunteers** – Want to enjoy a fun work atmosphere? Do you enjoy working with people? The Chapter office has volunteer opportunities. It's easy; it's simple; and it's fun to do! We need reception area coverage from 10-2 on Wednesday, Thursday or Friday and 2-5 on Monday. If you're looking to combine your light office skills with helping the environment, this is the volunteer opportunity for you. Call Jane MacFarlane at 213-387-4287 x205.

(Outings, from page 5)



### Dec 21 Sat O: Portuguese Bend Trails #1

Moderate 6 mi, 1200' gain. Take Palos Verdes Dr South to Forrestal Dr north to gate. Meet at gate at 8:00 AM. Forestall Quarry, Klondike Cyn, and various trails around Portuguese Cyn, Paintbrush and Rim Trails and back. Wear lug sole boots, bring snack & water. If you anticipate rain, wear rain gear. Ldrs: Barry Bonnicksen and Stephen Bradford.



### Dec 28 Sat O: Portuguese Point Hike

Moderate 6 mi, 1000' gain, 3 hrs. Take Palos Verdes Dr South to Forrestal Dr north to gate. Meet at gate at 8:00 AM. Klondike Cyn, across Portuguese Cyn, Portuguese Pt, Sea Cave, Inspiration Pt. Wear lug sole boots, bring snack & water. If you anticipate rain, wear rain gear. Ldrs: Barry Bonnicksen and Steven Morris.



### Jan 18-20, 2014 Sat-Mon O: Death Valley National Park Bus Trip

Join us on some of the most spectacular trails in Death Valley National Park with hiking options ranging from 3 to 8 miles daily. Experience the showcase of American deserts where we will encounter unique geological formations of 1.8 billion-year-old metamorphic rocks and be surrounded by a panorama of rugged canyons and towering peaks. We stay two nights in the Furnace Creek Ranch, enjoying an Olympic-size swimming pool and nearby spa. Price includes bus, shared motel room, all admissions, snacks, and driver gratuity. Depart early Sat from Redondo Beach (followed by OC pick up) and return Mon night. Cancellation penalty is \$40, with balance refundable until Dec 10, and then only if trip is full. Send 2 business-size SASEs, H&W phones, email, and check to PVSBC Sierra Club for \$290 to Dave Hixson, 15120 Polly Ave., Lawndale, CA 90260. Ldrs: Judy Shane (judyshane@aol.com) & Dave Hixson (dhixson2@socal.rr.com).



### Mar 7-9, 2014 Fri-Sun I: Mammoth Lakes Winter Combo Bus Trip (PVSBC+OCSS)

Join us for a backcountry-oriented, fun-filled weekend. Ski downhill or snowboard on Mammoth Mtn. Daily guided backcountry ski tours and snowshoe tours. Visit geological formations. Quality Inn lodging, two per-2 beds/private bath, microwave, fridge, indoor spa. Close to shopping, night life, casual and fine dining, free shuttles. Leave Orange County 2:00 PM. South Bay and Sylmar pick-up later. Return Orange County Sun approx 10 PM. Includes bus, lodging, continental breakfast, happy hour, bus refreshments, Sunday dinner. Send 2 large SASE, e mail, phones, \$305 to Reservationist: Beth Martin, 530 South Lake Ave. #708, Pasadena CA 91101 92866 (whmscl@sbcglobal.net). Leader Keith Martin (keithwmartin@sbcglobal.net). Asst: Donna Specht, Staff: Mark Mitchell, Snowshoe: Kent Schwitkis, Sherry Ross.



### May 24-27, 2014 Sat-Tues O: Zion & Bryce Canyon Bus Trip

Join us for a double-header hiking adventure in Zion and Bryce Canyon National Parks. In Zion, we will have numerous options for self-guided hiking where we'll be surrounded by massive sandstone cliffs of cream, pink, and red, which soar into a bright blue sky. On a day trip to Bryce Canyon, the leaders will offer shorter and longer hiking options through red forests of hoodoos (unique pillars of rock sculptured by the forces of erosion). We stay three nights in the Bumbleberry Inn in Springdale near Zion. Price includes bus, shared motel room, all admissions, snacks, and driver gratuity. Depart early Sat from Redondo Beach and return Tues night. Cancellation penalty is \$40. If you cancel less than 30 days before departure, you will only receive a refund if the trip is full. Send 2 business-size SASEs, H&W phones, email, and check to PVSBC Sierra Club for \$391 to Dave Hixson, 15120 Polly Ave, Lawndale, CA 90260. Ldrs: Judy Shane, Dave Hixson.

## Himalayas & Beyond

Photographers and explorers Bob and Anita Caplan presented this program to a Sierra Club standing-room-only audience a couple of years ago. Many folks did not have a chance to see it. Here's another chance. Join with South Bay Audubon at a showing *Tuesday, December 17, 7 PM, Madrona Marsh Nature Center, 3201 Plaza del Amo, Torrance.*

The program gives a brief overview of Himalayan birding developments: what's endangered, coming back, and thriving – and why.

Then you'll come along on a special motion picture journey to the Yak Guesthouse. With a lifelong dream of reaching Tibet's 22,000-foot Mt. Kailash, Hindu home of the gods, Buddhist Center of the Universe, Anita discovered that the route would never drop below 15,000 feet. Deadly landslides, swift rivers, and fierce storms threatened the expedition. Would sparkling night skies, extraordinary people, and determination sustain it? And what happened at Drolmo La, 18,000 feet above the world's great oceans? Join the journey.



## Weekly Activities

**Conditioning Hikes:** Wear lug sole boots. Arrive early. Rain cancels. Bring red lens flashlight.



**Monday Nights O: Rancho Palos Verdes:** Slow moderate 2 hr 4-6 mi hike. Not for beginners. Leave 6:30 PM from end of Crenshaw (Del Cerro Park). Hike the trails of Portuguese Bend Reserve, Filiorum, and some streets. Some steep trails. Only one group. Wear sturdy shoes or lug sole boots and bring a red lens flash light. Rain cancels. Ldrs: Bill Lavoie, Jacques Monier, & Zoltan Stroll.



**Tuesday Nights O: San Pedro/PV:** Strenuous 2 hr, 5-8 mi hike. Not for beginners. Leave 6:30 PM from 8th and Averill. Ldrs: Brooks Chadwick, Barry Bonnickson, Joyce White, Dorie Chadwick, Jacques Monier.



**Tuesday Nights O: Hermosa/Manhattan Beach:** Moderate 1½ hr, 4 mi hike on greenbelt and hilly streets. Good for beginners. Leave 7 PM from far end of parking lot of Hermosa Valley School (1645 Valley Dr). Ldrs: Sharon Brossier, Alix Benson, Susan Johnson.



**Thursday Nights O: Palos Verdes Peninsula:** Strenuous 2 hr, 5-8 mi hike, flat/hilly streets/trails. Up to 5 hiking groups: slow, slow mod, mod, fast mod, fast. Not for beginners. Leave 6:30 PM from parking lot near Rite Aid Drugs at Hawthorne & Silver Spur. Ldrs: Linda Werk, Brooks Chadwick, Joyce White, Jacques Monier, Bill Lavoie, Judy Shane, Dorie Chadwick, Jerry Trager, Lois Vile, Zoltan Stroll.



**Saturday Hikes:** For all Sat hikes, wear lug sole boots, bring a snack & water. If you anticipate rain, wear rain gear, **See locations and other details in Activities listings and at the website.**

For the most up-to-date information on all activities:

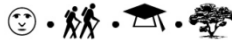
**See the PV-SB website**

(<http://angeles.sierraclub.org/pvsb>)

## Monthly Activities



**Executive Committee Meeting.** First Wednesday of every month at 6:30 PM the PVSb Group Executive Committee meets to discuss matters relevant to the Group. Meeting open to all Sierra Club members. Call secretary for meeting location.



**Moonlit Hikes in Palos Verdes O.** Friday before or on full moon. Meet 7:30 PM. Easy to moderate 1.5-2 hr hike in Palos Verdes hills. Go for pizza afterwards. Check website for details.



**Manhattan Beach Hike & Brunch O.** First Sunday of every month at 9 AM. Easy 4-5 mi, 300' gain, 2 hr hike on streets, trails, ocean strand. Restrooms available. Optional brunch at local restaurant after hike. Meet by police memorial (1901 N Valley Dr, Manhattan Beach, under giant oak tree by tennis courts). Bring water, walking shoes, sun hat. Rain cancels. Check website.

### IMPORTANT NOTICES

In order to participate on one of the Sierra Club's outings, you will need to sign a liability waiver. If you would like to read a copy of the waiver prior to the outing, please see <http://sierraclub.org/outings/chapter/forms> or call 415-977-5528.

In the interest of facilitating the logistics of some outings, it is customary that participants make carpooling arrangements. The Sierra Club does not have insurance for carpooling arrangements and assumes no liability for them. Carpooling, ride sharing, or anything similar is strictly a private arrangement among the participants. Participants assume the risks associated with this travel. CST 2087766-40. Registration as a seller of travel does not constitute approval by the State of California.

### PV-SB GROUP ACTIVITIES

Symbols used for outings: walk, hiking, flight, backpack, educational, conservation, canine, bird watching, slides, moonlit hike, bus trip, flowers, skiing, lodge, trail work, snow shoeing.

**Bus/Air Trips--Details in Activities listings that follow.**

Jan 18-20, 2014 Sat-Mon O: Death Valley Nat'l Park Bus Trip  
Mar 7-9, 2014 Sat-Mon O: Mammoth Lakes Winter Bus Trip  
May 24-27, 2014 Sat-Tues O: Zion & Bryce Canyon Bus Trip

## Subscriptions

**Subscribe to Listserv:** The *Foggy View* is published bi-monthly on the PV-SB website: <http://angeles.sierraclub.org/pvsb/foggy-view.html>. To receive an email notice that the *Foggy View* has been published to the website, fill out the name, address, email address and Sierra Club membership number lines in the box below and mail the form to PV-SB Group Sierra Club, PO Box 2464, PVP, CA 90274, or send that information to [pvsbfveditor@gmail.com](mailto:pvsbfveditor@gmail.com).

**Subscribe to paper Foggy View:** To receive a paper subscription to the *Foggy View*, fill out the form below and return it, with a check for \$12 to PV-SB Sierra Club, PO Box 2464, PVP, CA 90274. Contact the Membership Chair if you have any questions.

Name: \_\_\_\_\_ Sierra Club #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone No: (\_\_\_\_) \_\_\_\_\_ E mail: \_\_\_\_\_  
One year subscription to paper *Foggy View*  New  Renewal  Check#: \_\_\_\_\_  Change of Address

Thank you for your Membership! Remember to Renew!

## Activities



### Nov 2 Sat O: Central Peninsula Hike #2

Moderate 7 mi, 1000' gain, 2.5 hrs. Meet at 8:00 AM at Rolling Hills Estates City Hall, NW corner of Crenshaw & Palos Verdes Dr North. Trails: Landfill Loop, Chadwick Cyn, & more. Wear lug sole boots, bring snack & water. If you anticipate rain, wear rain gear. Ldrs: Barry Bonnicksen, Emile Fiesler.



### Nov 16 Sat O: Friendship Park Hike

Moderate 7 mi, 1000' gain. Meet 8:00 AM in the parking lot for Bagdanovich Recreation Center (from S Western Ave & W 9th St, in San Pedro, go west one block to Friendship Park Dr and go up the hill, turn left at intersection and proceed to parking lot). The route covers trails in Friendship Park and the Marymount, Switchback, and San Ramon Trails. Wear lug sole boots, bring snack & water. If you anticipate rain, wear rain gear. Ldrs: Steven Morris, Barry Bonnicksen.



### Nov 23 Sat O: Portuguese Bend Trails #2

Moderate 6 mi, 1400' gain. Take Palos Verdes Dr South to Forrestal Dr north to gate. Meet at gate at 8:00 AM. Wear lug sole boots, bring snack & water. If you anticipate rain, wear rain gear. Ldrs: Barry Bonnicksen, Emile Fiesler.



### Nov 30 Sat O: Ocean Trails Hike

Moderate 4 mi, 1000' gain. Take Palos Verdes Dr South to La Rotonda Dr to end and into the trail parking lot (inside the gate). Meet at 8:00 AM. Take four trails that lead down to the ocean and a loop around Shoreline Park. Wear lug sole boots. Bring snack & water. If you anticipate rain, wear rain gear. Ldrs: Barry Bonnicksen, Stephen Bradford.



### Dec 7 Sat O: Central Peninsula Hike #1

Moderate 7 mi, 600' gain, 2.5 hrs. Meet at 8:00 AM at Rolling Hills Estates City Hall, NW corner of Crenshaw & Palos Verdes Dr North. Trails: Moccasin, Howlett, Valmonte Canyon, Via Palomino. Wear lug sole boots, bring snack & water. If you anticipate rain, wear rain gear. Ldrs: Barry Bonnicksen, Steven Morris.



### Dec 14 Sat O: Abalone Cove Hike

Moderate 6 mi, 1000' gain, 3 hrs. Take Palos Verdes Dr South to Forrestal Dr north to gate. Meet at gate at 8:00 AM. Klondike Cyn, across Portuguese Cyn, Portuguese Pt., Abalone Cove. Wear lug sole boots, bring snack & water. If you anticipate rain, wear rain gear. Ldrs: Steven Morris and Aileen Wigglesworth. (*Outings*, p.3)

### Dec 14 Sat: It's a Wonderful Life

Join us at 8 PM to see *It's a Wonderful Life: A Live Radio Play*, with optional dinner before at Red Car Brewery & Restaurant. The play is \$25; dinner prices range from \$10 to \$20 (you pay your own). The play is at Torrance Theatre Company, 1316 Cabrillo Ave, Torrance. Send a \$25 check payable to PVSb Sierra Club to Joyce White 789 W. 29th Street, San Pedro, CA 90731. Include a SASE so we can mail your ticket. Those joining us for dinner, when you send in your check let us know so we can make reservations, then meet at 5:30 PM at Red Car Brewery & Restaurant, 1266 Sartori Ave. After dinner we can walk to the theatre. Contact Joyce White at 310-383-5247 for more information.

**PV-SB Group, Sierra Club**  
**PO Box 2464, PVP, CA 90274**  
<http://angeles.sierraclub.org/pvsb>

## **PV-SB GROUP LEADERS**

### **Current leaders active in the PV-SB Group**

<u>Name</u>	<u>Phone</u>	<u>Rating</u>	<u>Name</u>	<u>Phone</u>	<u>Rating</u>
Frank Atkin	310-378-5008	I	Barry Holchin	310-378-3780	M
Terry Bass	310-539-8227	O	Susan Johnson	310-545-4235	O
Bob Beach	310-375-0898	M	Liz Kennedy	310-547-1320	O
Alix Benson	310-379-8066	O	Donna Lauck	310-541-4416	O
Richard Boardman	310-374-4371	M	Bill Lavoie	310-378-8723	O
Barry Bonnickson	310-519-0778	O	Keith Martin	310-530-1268	M
Dennis Bosch	310-328-3874	O	Jacques Monier	310-320-1249	O
Stephen Bradford	310-993-5501	O	Steven Morris	310-530-8708	O
Sharon Brossier	310-376-1416	O	Mary Beth Oubre	310-640-8386	O
Ursula Carmody	310-539-2259	O	Cindy Pardi	818-346-6257	O
Karen Cassimatis	619-955-5458	I	Richard Pardi	818-346-6257	O
Brooks Chadwick	310-544-0600	O	Jerry Pupa	310-318-7101	O
Dorie Chadwick	310-544-0600	O	Kent Schwitkis	310-540-5558	I
Arlene Chao	310-541-3902	O	Judy Shane	310-379-1111	O
Maggie Coble	310-378-9743	O	Zoltan Stroll	310-378-8975	O
Michael Coble	310-378-9743	O	Jerry Trager	310-316-7843	O
Mike Dillenback	310-378-7495	I	Lois Vile	310-316-7843	O
Debra DuVall	310-214-1873	O	Linda Werk	310-676-6171	O
Emile Fiesler	720-834-2878	O	Phil Wheeler	310-346-2619	I
Sandy Graham	714-282-5661	O	Joyce White	310-383-5247	O
Kevin Gray	310- 631 2337	O	Catherine Whittington	310-532-2380	O
Greg Hitchings	310-541-3902	O	Diane Wood	310-245-8965	O
Dave Hixson	310-676-8848	O	Linda Wooldridge	310-376-2542	O