

Crescenta Valley View

"When we try to pick out anything by itself, we find it hitched to everything else in the Universe." - John Muir

VOLUME II, ISSUE VIII

Crescenta Valley Sierra Club Monthly Newsletter

October 2015

Sailing to the High Arctic

The Crescenta Valley Sierra Club Group will present Danielle Eubank's "Sailing to the High Arctic," on the *first* Tuesday in October, October 6, at 7:30 p.m. at the Los Angeles County Public Library, 2809 Foothill Boulevard, La Crescenta, California. (Enter on La Crescenta Avenue for our Meeting Room and Parking.)

Danielle Eubank, who has studios in Los Angeles and London, is an expedition artist in pursuit of painting all of the major bodies of water in the world. She is beginning by painting all of Earth's oceans and is currently painting the second to last ocean on her list, the Arctic Ocean.

Danielle will speak on her latest expedition to the Arctic, and will touch on two previous expeditions. One of those expedition experiences was the re-creation of a 6th Century BCE Phoenician boat that circumnavigated Africa. The other experience was the re-creation of an 8th Century CE boat that sailed from Indonesia across the Indian Ocean, around the Cape of Good Hope and up the west coast of Africa to Ghana. She will bring her sketchbooks and examples of her paintings from these expeditions.

Our program follows news



Danielle Eubank

of Conservation and Outings. This is a free event and everyone is welcome. Refreshments will be served. Please contact

Wayne Fisher at 818 353-4181 for further information. (Please note the changed date for this program only.)



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LTC 4

Little Jimmy Pix 4

John Muir

B: 4/21/1838

D: 12/24/1914

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<i>Events and Outings</i>	<i>Date and Time</i>
<i>Danielle Eubank, artist, Los Angeles County Library, 2809 Foothill Blvd., La Crescenta, CA</i>	<i>Tuesday, October 6, 2015, 7:30 p.m.</i>
<i>Hike from Red Box Station to Strawberry Meadow Leadership Training Seminar Eaton Canyon Nature Center, 1750 N. Altadena Drive, Pasadena, 91107.</i>	<i>Saturday, October 10th, 8:30 a.m., La Canada Ride Share 7:30 a.m. to 4 p.m.,</i>
<i>China Panda Yunnan Shangri La Adventure</i>	<i>Thursday, October 8, 2015 to Wednesday, October 21, 2015</i>
<i>Deukmejian Wilderness Park to Rim of the Valley Trail, Meet at 8 a.m., Le Mesnager Barn, Deukmejian Wilderness Park, 3429 Markridge Rd, La Crescenta.</i>	<i>Saturday, November, 7th, 8 a.m. Sponsored by Pasadena & Crescenta Valley Groups</i>

Hike Planned to Angeles National Forest, Red Box to Strawberry Meadow

Doug Farr and Will Gaskill will be leading a hike labeled as “strenuous,” October 10, in Angeles National Forest. – The hike will begin at Red Box and proceed to Strawberry Meadow. Meet at 8:30 a.m. at La Canada Ride Share - Angeles Crest Hwy (Hwy 2), Just N of Foothill Fwy (I-210). Park along Angeles Crest Hwy.

The contact information for Doug Farr and Will Gaskill is: doug@dmfarr.com 818-957-

0845 and wgaskill@hotmail.com, 626-796-8758.

The moderately paced hike of eight miles, with an elevation gain of 1400 feet, will take hikers from Red Box Station up the steep, gravelly fire road to the Strawberry Meadow trailhead then on to a more moderate trail to the meadow.

Wear sturdy shoes or lug sole boots and bring lunch and three liters of water. Rain cancels.



Doug Farr (left) and Will Gaskill, (center), stop for break during December’s Strawberry Meadow hike



Left – Little Jimmy campers reading for the evening during a weekend camp sponsored by the CV group. Hike leaders were Karen Buehler and Cathy Kissinger.

Political outpost:
 Rep. Adam Schiff (Dist. 29)
 Mailing address: 2411 Rayburn House Office Building, Washington, D.C. 20515-0529
 Web page and online contact form
 DC Office Phone: 202-225-4176
 CA Office Phone: 626-304-2727

Conquering the Giant Everest

La Crescenta resident Gary Nelson told of a harrowing ascent, a narrow escape, and a thrilling adventure as he and other climbers with Alpine Ascents made their two-month trek to the top of Mt. Everest.

Slides and video tell the story of a tortuous and extremely difficult climb. Even for experience mountaineers, summiting the “Giant” is a rare accomplishment. A climber from another group, from whom Nelson had won some poker money, had a heart attack and died during the nearly vertical ascent up Lhotse Face (connected to Mt. Everest by the South Col).

The challenges and obstacles he faced in completing his round-trip journey included pulmonary edema, crossing treacherous crevasses bridged with aluminum ladders, (himself, falling into a crevasse), flat, windy and dangerous base camps, traversing the Khumba glacier that forms the icefall which daily moves about 3 feet down the mountain, and high-speed winds (that can blow climbers off Everest).

All of these combine to make the most difficult of climbs even that much more difficult. So, Nelson’s group opted for the 7- to 10-day window in spring when the Asian monsoon season is either starting up or ending and the winds are lighter.



Nelson on the top of Everest looking back down the Summit

Nelson reached the summit in the morning of May 19th, 2011.

He told his audience that he would never again summit Mt. Everest, but he was able to spend 30 minutes at the summit and share photos of his impressive journey with family, friends, and clients.



Gary Nelson (holding mike)



Photo by Karen Buehler

Hikers participate in hike sponsored by CV group to Little Jimmy Campground, the last weekend in August.

Chapter Sponsors Leadership Workshop

Participants in the Leadership Workshop led by Greg Casini and Christina Novaton.

The group of 40 attendees had the opportunity to share openly about issues that their groups faced, to share their first experience with the Sierra Club, and to share whether that experience could be characterized as a positive one or a negative one.

During the day-long conference, attendees exchanged ideas about how to increase membership and member participation.

After the introductions, the dynamic Novaton opened with the first session of the workshop, which was setting some norms, stating: “be

mindful about your personal power and privilege.”

A summary of the particulars are: **Speak from I-** from your personal experience; listen for understanding, not to respond; don’t interrupt; one microphone, one diva;

Intent vs. Impact – take responsibility; move in (if you are a talker move into listening or if you are an observer move into talking); what is said here stays here (but what is learned here leaves here...); stay on topic;

Intentional facilitating; Be open-minded; Actively Participate, Be fully present, practice self care; minimize use of jargon or explain terms; intent/impact; calling in – not out!!



Above – Workshop participants demonstrate that they have skills plus as they “bust a move” during a dance break. *Below* – Christina Novaton



Leadership Training to be held at Eaton Canyon Nature Center

Take the first step to becoming a Sierra Club outings leader and attend the Leadership Training class, Saturday, October 24, at Eaton Canyon Nature Center, 1750 North Altadena Drive, Pasadena, 91107.

The seminar covers all the basics of leadership, conservation, and safety preparedness.

The day-long session costs \$25. The application is online at angesierraclub.org/ltc where you can discover more of LTC's upcoming

offerings also available on the “Schedule of Activities” tab.

Mail application and \$25 check, payable to Sierra Club, to Steve Botan, LTC Registrar, 18816 Thornwood Circle, Huntington Beach 92646. Steve can be reached at lcregistrar@hundredpeaks.org

or by phone at 714-321-1296. Applications and checks are due October 10, 2015 angesierraclub.org/ltc_leadership_seminar. Scholarships are available for those with financial need. Apply to LTC Chair Anne Marie Richardson AMLeadership@gmail.com