

Angeles Chapter
Outings Management Committee

February 6, 2012
Agenda

1. Call to order (7:00 p.m.)
 - Melody Anderson, OMC Chair*
 - Phil Wheeler, Safety Committee Chair*
 - Tina Bowman, LTC Chair*
 - David Meltzer, WTC Chair*
 - Jason Hashimoto, ICO Rep.*
 - Phil Bates, Outings Rep.*
 - Silvia Darie, Outings Rep.*
 - Bob Draney, Outings Rep.*
 - Donna Specht, Outings Rep.*
 - Bill Vanderberg, Outings Rep.*
 - Marc Hertz, LOSC Liaison
 - Hersh Kelley, Chapter Chair
 - Bill Jackson, Sec. & Ombudsman
 - John Hinz, Conservation Comm. Liaison
 - Joe Young, Rideshare Czar
 - Steve Goldstein, First Aid Coordinator
 - Joel Goldberg, Bus Transportation Coordinator(* indicates voting members)
2. Introductions
3. Approval of Agenda
4. Approval of Minutes
 - a. 12/05/11 draft
5. Announcements
 - a. Chapter Awards Banquet on 5/06/12
 - b. Other announcements
6. OMC Appointed Officers for 2012
 - a. Vice Chair – Phil Wheeler
 - b. Secretary – Bill Jackson
 - c. Treasurer – Donna Specht

7. OMC Non-voting Members for 2012
 - a. Conservation Comm. Liaison – John Hinz
 - b. Ombudsman – Bill Jackson
 - c. Int’l Trip Liaison – Donna Specht
 - d. Webmaster – Wolf Leverich (interim)
 - e. First Aid Coordinator – Steve Goldstein
 - f. Rideshare Czar – Joe Young
 - g. Bus Transportation – Joel Goldberg
 - h. Land Manager Liaison – (currently needed?)
 - i. Carbon Footprint TF – (any volunteers?)
8. A few words from Scott Elkins, Club’s Director of Grassroots Effectiveness
9. Committee/Liaison Reports
 - a. Safety Committee – Phil Wheeler – written report attached
 - b. LTC – Tina Bowman – written report attached
 - c. WTC – David Meltzer
 - d. ICO – Jason Hashimoto – written report attached
 - e. LOSC – Marc Hertz
 - f. Treasurer/Int’l Trips – Donna Specht
 - g. Conservation – John Hinz
 - h. Ombudsman – Bill Jackson
 - i. Bus Transportation – Joel Goldberg – written report attached
 - j. First Aid – Steve Goldstein – written report attached
 - k. Rideshare – Joe Young
 - l. Web –
10. Old Business
 - a. OARS update (Anderson, Wheeler)
 - b. Outings web pages
11. New Business
 - a. 2012 Outings Assembly (proposed date -- 11/03/12)
 - b. WTC Reimbursement Policy (Meltzer, Hinz)
 - c. Discussion -- How can OMC help outings entities recruit younger & more diverse participants and leaders?
12. Meeting Adjournment (9:00 p.m.)

Next regular OMC meeting is April 2, 2012

For those wanting to call in to the meeting:
Dial-in number: (866) 501-6174
Conf. code: 1000400#

9.a. Safety Committee Report (Phil Wheeler)

The most significant effort since December has been continuing work on LEADERS and OARS, the usual start up issues. These are generally getting resolved and we are doing ad hoc leader indoctrination on OARS use (e.g., a PVSB meeting on Wed Feb 15); ad hoc training is essential because we operate all our Chapter outing training at zero net cost to the extent possible.

A recent report from National IT indicated that approximately 50% of the activities now in OARS are from Angeles Chapter.

Our next Safety Committee meeting will be in March or April, prior to the LTC Seminar on April 15 (or is that tax due day?). One topic will be the rating of snowshoe trips. At least one entity is leading O-rated snowshoe trips. Historically, all snow trips have been considered I-rated or above. The question before the Safety Committee is: Are there any circumstances where snowshoe -- or x/c ski trips -- can be lead at the O level? I expect this to be an interesting discussion.

9.b. LTC Report (Tina Bowman)

Next seminar is April 14 in Costa Mesa.

Patrick McKusky has joined LTC as the Rock co-chair, sharing the position with Ron Hudson.

9.d. ICO Report (Jason Hashimoto)

LA ICO

LA ICO has a whale watching fundraiser planned for March 3.

OC ICO

OC ICO has had a limited number of outings this winter. Many leaders want to co-lead, but it has been difficult to get leaders to plan and lead outings. The Wilderness Adventure Club from Bolsa Grande High School spent Martin Luther King Weekend at Harwood. We greatly appreciate the Harwood committee waiving fees for the kids, volunteers and leaders. The kids loved being in the mountains. There was a light snowfall during the hike, which was a unique experience for most of the students. Other recent outings have focused on local wilderness areas and regional parks.

Thanks to kayaking4kids, which raised \$500 for OCI CO during a summer kayak to Catalina fundraiser. We also expect to receive a donation of about \$700 from REI Huntington Beach from their holiday community contribution campaign.

Our finances are stable, but we do need more leaders, and leaders who are willing to play more active roles in OC ICO.

9.i. Bus Transportation Report (Melody Anderson)

Joel Goldberg has circulated a survey via the Outings Chair listserv to determine which bus companies are being used by those entities that Charter buses. The purpose is to make sure that such entities are following Sierra Club policy with respect to bus charters.

9.j. First Aid Report (Steve Goldstein)

There have been changes in First Aid to make the care more effective. We now use direct pressure only to stop bleeding for bleeding that can be controlled. With adults in CPR, after checking out the person we start with compressions. We resume with breathing after the first set of 30 compressions. This has been proven to be more effective also. The American Red Cross and the American Heart Association look at the First Aid and CPR procedures every 5 years to find the most effective use of First Aid care.

When I teach the students how to perform the First Aid procedures I also stress reassuring the patient that we are there to help them and give them confidence in our ability to assist them. The emotional aspect of patient care is just as important as the First Aid care. This is important with adults and especially with children. When I have treated children I reassured them while getting permission from their parents. Speaking in a low voice helps the patient feel more comfortable.

When we are on a hike there are many more issues that add to providing care such as weather, supplies, and distance from the trailhead.

My point is that there are many aspects to patient care that start with the First Aid procedures and could end with long term patient care. A recent student in my class asked me how he can be prepared to take care of any emergency on his hikes? I told him he must understand the basic First Aid procedures and well as being able to plan ahead for extended patient care.

My course teaches Standard First Aid with Adult CPR. With a more advanced course WFAC Wilderness First Aid Course you can learn Wilderness First Aid procedures that will allow you to increase your First Aid knowledge in a non-urban environment. I highly recommend this great course since I have personally taken the course.

WFAC Report: Steve Shuster

April 2012 WFAC

Regular Enrollment: Full

Wait List: many - low number (e. g .#2) open

Victims: many openings

Oct. 2012 WFAC

All enrollment categories open